



Get our recipe for delicious **MARIONBERRY & CHÈVRE CHEESECAKE** on page 2.

## Carlton Farms Boneless Pork Loin Chops

Raised in the Northwest with no hormones, this tender pork loin is juicy and packed with flavor.

**SAVE UP TO \$3 LB**



**\$4.49 LB**

## Blueberries

18 OZ | **SAVE UP TO \$7 EA**



**\$5.99 EA**

## Northwest Berry Scones

8 PK | **SAVE \$1 EA**

Scratch made, all-butter scones with Northwest berries baked inside.



**\$6.99 EA**

## House Chevre

**SAVE \$1 LB**

This fresh and spreadable goat cheese is perfect for our Marionberry & Chèvre Cheesecake recipe.



**\$15.99 LB**

## Polar Seltzer

8 PK | *Select varieties*

**SAVE \$2.19**



**2 FOR \$7+DEP**

## Briannas Dressing & Marinade

12 OZ | *Select varieties*

**SAVE 99¢**



**2 FOR \$7**

## Craft & Kitchen Fruit Spread & Honey

15-18 OZ | *Select varieties*

**SAVE UP TO \$6**



**\$3.99**

## Stone Ridge Creamery Ice Cream

48 OZ | *Select varieties*

**SAVE \$1**



**\$4.99**



# Meat & Seafood

## Royal Ranch 85% Lean Ground Beef

USDA Choice, 85% lean ground regenerative beef humanely and locally raised, vegetarian-fed, antibiotic and hormone-free.

**SAVE UP TO \$1 LB**



**\$6.99 LB**

## Chicken Drumsticks

Local, free range raised chicken, air-chilled, 100% vegetarian-fed and no antibiotics used. *Large tray pack only.*

**SAVE \$1.50 LB**



**\$2.49 LB**



## Raw Peeled & Deveined Shrimp

**16/20 CT | SAVE \$2 LB**

Farm raised shrimp. *Previously frozen.*



**\$8.99 LB**

# MARIONBERRY & CHEVRE CHEESECAKE

*Our no-bake cheesecake bursts with bright marionberry flavor. We used Singing Dog Vanilla from Eugene whipped together with our house chèvre for the luscious and easy cheesecake filling. Just pour into a cookie crust, chill and indulge.*

Serves: 6

Difficulty: easy

Prep time: 20 minutes

Cook time: 2 Hours+

Diet: Vegetarian

## INSTRUCTIONS:

- 4 oz. Oreo thins
- 2 T butter
- 2 c heavy whipping cream
- 1 c powdered sugar
- 2 t Singing Dog Vanilla extract
- 8 oz. MoC House Chèvre
- 2 c Willamette Valley Fruit Company frozen marionberries
- ½ c sugar
- ¼ c cornstarch, mixed with 1T cold water

## STEPS:

- Melt butter; mince cookies in processor, adding melted butter last. Pour into pie dish or individual dessert cups, gently pressing crumbs evenly into place.
- Whip cream in stand mixer on high speed until stiff peaks form, about 5 min. Quickly whip in vanilla and sugar. Keep cold.
- Beat chèvre in mixing bowl on high speed until fluffy, 2 min. Fold in all but ½ c of whipped cream (reserve ½ c for garnishing).
- Pour cheese and cream mixture into dish(es) with cookie crust, filling to ½ in below rim. Chill until set, 2 hours or overnight.
- Warm berries and sugar in small sauce pot over medium heat until simmering and heated through, about 3 min. Stir in cornstarch slurry and simmer 1 min. Chill completely and top cheesecake with berry mixture. Top each with whipped cream to finish.

**FOR ALL RECIPES, VISIT  
MARKETOFCHOICE.COM/  
RECIPES**

# Specialty Beverage

## RationAle Brewing

**6 PK | SAVE \$3**

Outstanding non-alcoholic beer brewed using a patented process.



**\$11.49 +DEP**

## Fellow Cabernet Sauvignon

**750 ML | SAVE \$3**

Fruit driven and approachable with dark cherry, raspberry, black currant and a hint of spice.



**\$14.99**

## Xicha Dos Mundos

**16 OZ | SAVE \$1**

A Northwest IPA from a Latine brewery with a malt backbone and citrus, strawberry jam and piney notes.



**\$2.99 +DEP**

## Twill Rosé

**750 ML | SAVE \$8**

Fresh with notes of crushed strawberries, grapefruit, apricot, satsuma orange, Ranier cherries and rose petals.



**\$21.99**

# Produce

## Medium Hass Avocados

SAVE 80¢ EA



**69¢ EA**

## Vidalia Sweet Onions

SAVE \$1 LB



**\$1.99 LB**

## Roma Tomatoes

SAVE 50¢ LB



**\$1.49 LB**

## Fresh Cilantro

SAVE 30¢ EA



**69¢ EA**

## Jalapeño Peppers



**\$2.99 LB**

# Bulk

## Mexican Street Corn Snack Mix

SAVE \$2.20 LB



**\$9.99 LB**

## Organic Dried Mango Slices

SAVE \$3 LB



**\$12.99 LB**

## Women's Vitality Mix

SAVE \$3 LB



**\$8.99 LB**

# Bakery

## Jalapeño Cheese Bagels

4 PK | SAVE \$1 EA



**\$3.99 EA**

## Angel Cups

4 PK | SAVE \$1 EA



**\$5.99 EA**

## Chuo Chocolate Bars

2.8 OZ | SAVE \$1.50 EA

Truly mouthwatering flavors crafted with premium, ethically sourced ingredients.



**\$4.49 EA**

# Floral, Home & Gift

## Log House Plants Veggie Starts

4 IN | SAVE 50¢ EA

Choose from Habanada peppers, Garleek and more!



**\$2.49 EA**





# Kitchen

## Smoky Marionberry Tri Tip

Tender tri tip marinated in a blend of Oregon grown marionberry spread and our house made Smokehouse BBQ sauce.



**\$19.99 LB**



## Korean Style Carrot Slaw

Black sesame, gochujang chili paste, ginger and garlic give this shredded carrot slaw a flavorful kick.

**\$11.99 LB**



## Beef & Fennel Meatballs in Marinara Sauce

Hearty beef meatballs with notes of fennel are perfectly paired with our herbaceous marinara.

**\$12.99 LB**



## Shiba's Locally Made Dal Bhat Samosas

Authentic, plant-based samosas made with the freshest spices, legumes, veggies and basmati rice.



**\$3.99 EA**



## Plant-Based Savory Pies

Delicious and comforting vegan entrée. Choose from plant-based beef shepherd's pie, black bean & quinoa pot pie or red lentil shepherd's pie.

**\$6.99 EA**



# Cheese

## Don Froylan Creamery

12 OZ | SAVE UP TO \$3 EA

Traditional Mexican cheese handcrafted in Salem, Oregon.

**\$8.99 EA**



## Cantal Jeune

Delicious, buttery cheese from Central France.  
**SAVE \$4 LB**

**\$18.99 LB**



## Marieke Flavored Gouda

5 OZ | SAVE UP TO \$2 EA

Raw milk gouda wedges available smoked, with cumin, or with fenugreek.

**\$7.99 EA**



## Mt Hope Farms Fruit Spreads

6.9-7 OZ | SAVE \$1 EA

Award-winning fruit spreads from 5th generation Oregon farmers highlighting the pure flavors of Willamette Valley fruit.



**\$8.99 EA**



## Try This Pairing

## Marieke 1000 Day Reserve Gouda & Wildcraft Premium Hard Cider

The crisp apple notes of the cider compliments the caramel, nutty character of the cheese.

Think caramel apples without the sugar.

**SAVE UP TO \$3**

**\$4.49 + DEP**

**\$26.99 LB**





# Whole Health

## Healthy Roots Bath Bombs & Topicals

2-7 OZ | Select varieties  
CBD-infused bath bombs and topicals made in Portland, OR.



**SAVE 20%**



## MegaFood Multivitamins

30-90 CT | Select varieties



**SAVE 20%**

## Babassu Body Care Products

1-4 OZ | Select varieties The perfect remedy for dry skin. Made in Portland, OR.



**SAVE 20%**

## Silver Falls Sustainability Co. Body Care Products

.4-3.65 OZ | Select varieties  
Sustainably made in Silverton, Oregon.



**SAVE 20%**

## Pym Mood Support

20 CT | Select varieties



**SAVE 25%**

## Herb Pharm Herbal Extracts

1 OZ-60 CT | Select varieties

May help to support healthy immune function, sleep or detoxification. Made in Southern OR.



**SAVE 20%**

## Garden of Life Herbal Remedies

30-60 CT



**SAVE 35%**

## Curalin Advance Glucose Support

42 CT | Select varieties  
Research-backed formula to help support healthy glucose levels.



**SAVE 20%**

## Mickelberry Gardens

2-8 OZ | Select varieties  
Made in Portland, OR.



**SAVE 25%**

## Herbatint Hair Color

4.56 OZ | Select varieties  
Rich hair color without any harsh chemicals



**SAVE 20%**

## Dr. Ginger's Oral Care

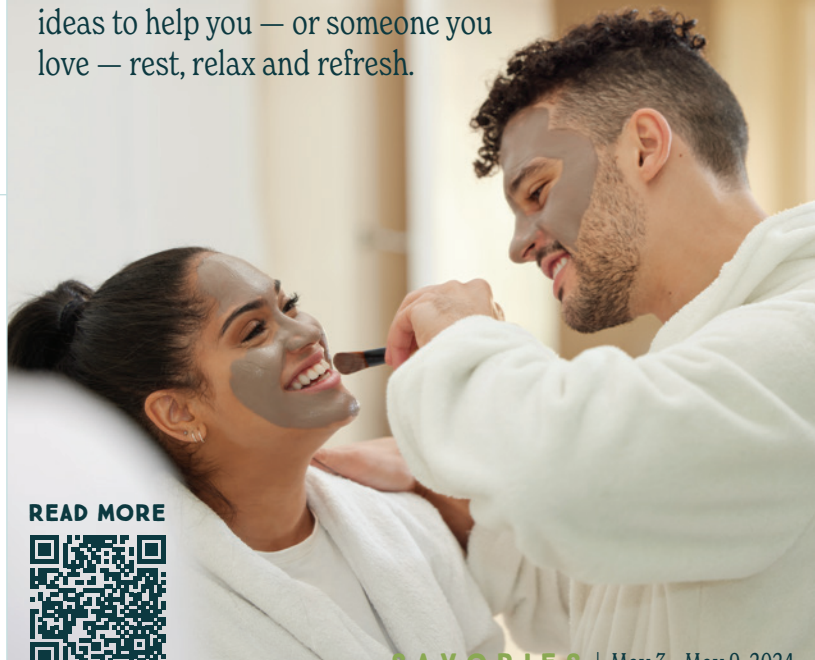
Exceptional all natural oral care products. Select varieties



**SAVE 20%**

## 8 Self-Care Gifts for Anyone That Needs a Time Out

Daily life can get busy and sometimes hectic, which makes it even more important to prioritize self-care and relaxation. Our Whole Health experts share 8 gift ideas to help you — or someone you love — rest, relax and refresh.



READ MORE



# Shop the Aisles

## Go Raw Granola

8 OZ | Select varieties

SAVE \$1.30



**\$5.99**

## Oregon Orchard Extra Virgin Hazelnut Oil

8.5 OZ | Select varieties

SAVE \$1.80

**\$8.79**



## The Daily Crave Veggie Chips & Sticks

4.25-6 OZ | Select varieties



**\$4.49**



## Unique Pretzel Splits

11 OZ | Select varieties

SAVE 50¢

**\$4.49**



## Unite Protein Bar

1.59 OZ | Select varieties

SAVE 69¢



**2 FOR \$5**

## Canterbury Naturals Soup

6.5-7.5 OZ | Select varieties

SAVE \$1.20

**\$5.79**



## Friendly Grains Crunchy Roller

6 CT | Select varieties

SAVE \$1



**\$3.99**



## Paradigm Sauce

12 OZ | Select varieties

SAVE UP TO \$1.30



**\$3.19**



## Ritrovo Olio Classico Extra Virgin Olive Oil

8.5 OZ | SAVE \$2.20

**\$11.29**



## Tia Lupita Hot Sauce

8 OZ | Select varieties

SAVE \$1.60

**\$5.79**



## Mary's Gone Crackers

4.25-5.5 OZ | Select varieties

SAVE \$1.29



**2 FOR \$9**



## Que Pasa Tortilla Chips

11 OZ | Select varieties

SAVE 70¢



**\$3.79**



## Bobo's Oat Bar

2.2-3 OZ | Select varieties

SAVE 49¢



**2 FOR \$5**

## Clean Cause Mate

15.5-16 OZ | Select varieties

SAVE 99¢



**2 FOR \$5 + DEP**



## Angie's Boom Chicka Pop Popcorn

4.4-7 OZ | Select varieties

SAVE UP TO \$1.49



**2 FOR \$6**



## GoMacro Bar

2-2.4 OZ | Select varieties

SAVE 99¢



**2 FOR \$5**



## Tasty Bite Indian Cuisine

10 OZ | Select varieties

SAVE \$1.39

**2 FOR \$7**



## La Victoria Taco Sauce

12 OZ | Select varieties

SAVE 80¢

**\$3.69**



## McCormick Taco Mix

1 OZ | Select varieties

SAVE 44¢

**4 FOR \$5**



## Lundberg Rice & Risotto

5.5 OZ | Select varieties

SAVE \$1.20



**\$3.49**





# Shop the Aisles

## Camellia Grove Kombucha

12 OZ | Select varieties  
SAVE 99¢



2 FOR \$6+DEP

## Daisy Sour Cream Squeeze

14 OZ | Select varieties  
SAVE \$1



\$2.99

## SorBabes Bar

7.2 OZ | Select varieties  
SAVE \$1.20



\$4.29

## Frontera Bowl

9-10 OZ | Select varieties  
SAVE \$1.40



\$3.99

## Angel Bakeries Pita

14 OZ | Select varieties  
SAVE \$1.10



\$5.49

## Van Leeuwen Ice Cream

14 OZ | Select varieties  
SAVE \$1.80



\$5.99

## Umpqua Cottage Cheese

1 PT | Select varieties  
SAVE 80¢



\$2.99

## Sierra Nevada Goat Yogurt

24 OZ | Select varieties  
SAVE \$1.10



\$7.39

## Sukhi's Entrée

15 OZ | Select varieties  
SAVE \$3



\$9.99

## Beecher's Mac & Cheese

18-20 OZ | Select varieties  
SAVE \$3



\$11.99

## Credo Dip & Queso

8-9 OZ | Select varieties  
SAVE \$1.50



\$5.49

## Sun Noodle Ramen

12.8-13.5 OZ | Select varieties  
SAVE UP TO \$1.50



\$6.99

## Yucatan Guacamole Squeeze

12 OZ | Select varieties  
SAVE \$1



\$5.79

## Tucson Tamale

5 OZ | Select varieties  
SAVE 80¢



\$2.99

## Starlite Taquitos

12-14 OZ | Select varieties  
SAVE \$1.50



\$7.99

## Siggi's Drinkable Yogurt

8 OZ | Select varieties  
SAVE 50¢



\$1.99

## Planet Oat Coffee Creamer

32 OZ | Select varieties  
SAVE \$1



\$4.39

## Petit Pot Pudding

8 OZ | Select varieties  
SAVE \$1



\$4.69

## Grain Trust Rice

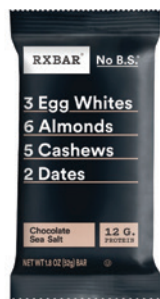
20-30 OZ | Select varieties  
SAVE \$1



\$4.99

# Shop the Aisles

**RXBar Protein Bar**  
1.83-1.9 OZ | Select varieties  
SAVE UP TO \$1.29



**2 FOR \$4**

**Annie's Mac & Cheese**  
5.5-6 OZ | Select varieties  
SAVE UP TO \$1.29



**2 FOR \$7**

**The Good Crisp Co. Snacks**  
2.75-5.6 OZ | Select varieties  
SAVE UP TO 70¢



**\$3.29**

**Late July Tortilla Chips**  
7.4-10.1 OZ | Select varieties  
SAVE UP TO \$1.40



**\$3.99**

**Nixie Sparkling Water**  
8 PK | Select varieties  
SAVE \$1



**\$5.99+DEP**

**Nature's Path Cereal**  
24.7-32 OZ | Select varieties  
SAVE UP TO \$2.98



**\$8.99**

**Lea & Perrin Worcestershire Sauce**  
10 OZ | Select varieties  
SAVE \$1.80



**\$4.99**

**A1 Steak Sauce**  
10 OZ | Select varieties  
SAVE UP TO \$2.50



**\$6.49**

**Capri Sun Juice Box**  
10 CT | Select varieties  
SAVE \$3.49



**2 FOR \$7**

**Bounty Paper Towels**  
4 PK | Select varieties  
SAVE \$5



**\$9.99**

**Charmin Bath Tissue**  
6 PK | Select varieties  
SAVE \$5



**\$8.99**

**Zoi Greek Yogurt**  
32 OZ | Select varieties  
SAVE \$1.70



**\$3.99**

**Umpqua Organic Milk**  
.5 GAL | Select varieties  
SAVE 30¢



**\$4.69**

**Essential Everyday Cheese Block**  
8 OZ | Select varieties  
SAVE UP TO 80¢



**\$2.99**

**Sibeiho Sambal Indian Sauce**  
9 OZ | Select varieties  
SAVE \$1



**\$10.99**

**Craft & Kitchen Large White Free Range Eggs**  
12 CT | Select varieties  
SAVE 20¢



**\$4.39**

**Florida's Natural Lemonade & Juice**  
59 OZ | Select varieties  
SAVE 90¢



**\$3.39**

**Essential Everyday Cream Cheese**  
8 OZ | Select varieties  
SAVE 40¢



**\$2.39**